



SAFETY CHECKLIST

As your parents age, it's important to periodically evaluate your safety you are still living independently. We've put together a home safety checklist to help determine home hazards that could lead to falls.

Y N HOME INTERIOR

- If there are stairs in the home, are they structurally sound?
- Easy to access? Handrails on both sides?
- Hallways and doorways wheelchair accessible?
- Is there a fire extinguisher available?
- Are smoke detectors present and operational?
- Is there adequate lighting in all rooms?
- Are any rugs secured?
- Is there adequate cooling and heat?
- Does all plumbing drain and operate properly?
- Is the home rodent and pest free?
- Is there adequate trash collection?
- Is the home free of clutter and debris?
- Is the electricity safe and properly installed?
- Is the furniture in the home safe and sturdy?
- Are the floors non-slip?
- Are the door thresholds safe?

HOME EXTERIOR

- Are the doors safe?
- Are they able to get in and out of doors without problems?
- Able to retrieve mail safely?
- If there is a wheelchair ramp, is it properly installed?
- Is there railing on exterior stairs?
- Is proper exterior lighting installed?
- Is the roof structurally sound and properly maintained?
- Is proper snow/ice removal scheduled when necessary?

FOOD AND KITCHEN

- Is food properly stored?
- Do they recognize the stove and oven being on?
- Are they able to feel heat?
- Are they able to prepare a meal by themselves?
- Are they able to get groceries independently?

BATHROOM

- Are the proper products within reach?
- Are they able to safely shower or bath independently?
- Can they get on and off the toilet independently?
- Do they have a shower seat?
- Is the bathroom wheelchair accessible?
- Are there proper non-slip mats in place?

COMMUNICATION

- Are they able to utilize the telephone?
- Do they have a personal emergency response pendant?
- Are they able to exit the home quickly in an emergency?
- Can they hear alarms?
- Can they clearly communicate needs?
- Are they able to communicate personal information?



We recommend using our home safety checklist every few months to address any areas of concern in the home. If there are only a few areas of concern, you will be able to help your parents address the upkeep necessary for them to continue to live independently. However, if there are many areas of safety concerns, use this home safety checklist to begin the conversation about senior living.

We're here to help! Contact your local Origin Community for more information

originway.ca/communities